

The Red Lion Allergen information

Product	SOUP	MUSHROOM STARTER	PRAWN COCKTAIL	NACHO'S	SCOTCH EGGS	CLUB SANDWICH	PLOUGHMANS PLATTER	HAM & MUSTARD S	CHEDDAR & CHUTNEY	PRAWN & MARI ROSE	LASAGNE	HUNTERS CHICKEN	HAM, EGG & CHIPS	CHILLI BEEF	BATTERED COD	SCAMPI & CHIPS	SAUSAGE & MASH	CHICKEN & ABCON SALAD	STEAK	GAMMON	CHICKEN BREAST	MIXED GRILL	DIANNE SAUCE	PEPPER SAUCE	BEEF FBURGER	CHICKEN NUGGETS	FALAFFELS	MEXICAN BEAN BURGER	STEAK & KIDNEY PUDDING
Allergen																													
Sesame Seeds															✓														✓*
Fish																													
Cereal Containing Gluten	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓
Eggs		✓			✓		✓						✓							✓		✓					✓	✓	✓
Nuts																													✓*
Peanuts																													
Crustaceans/ Prawns			✓													✓													
Milk											✓												✓	✓					✓
Lupin / Flowering Plants																													
Soy Beans (SOYA)																													
Celery & Celeriac	✓										✓		✓	✓															
Mustard											✓		✓	✓															✓
Molluscs / Mussels & Squid																													
Sulphur Dioxide & Sulphites		✓															✓					✓	✓	✓					
Gluten Free													✓					✓					✓	✓					

*Produced in a location where these allergens are present

Product	CHOCOLATE FUDGE CAKE	SYRUP SPONGE	EATON MESS SUNDAE	TREACLE TART	CARROT CAKE	KORMA	TIKKA	MADRAS	GARLIC BREAD	ONION RINGS	SWEET CHILLI SAUCE	BBQ SAUCE	MOZZARELLA & PINE NUT PUDDING	ICE-CREAM	STRAWBERRY SAUCE	CHOCOLATE SAUCE	TOFFEE SAUCE	STICKY TOFFEE PUDDING	DORSET APPLE CAKE	NAAN BREAD	PANNETONE BREAD & BUTTER PUDDING	CHEDDAR SANDWICH	PRAWN SANDWICH	HAM SANDWICH	CLUB SANDWICH	PLAIN JACKET POTATO	JACKET WITH PRAWN & MARI ROSE SAUCE	JACKET WITH CHEDDAR	JACKET WITH CHILLI BEEF	JACKET WITH BEANS	
Allergen																															
SESAME SEEDS																															
FISH																															
CEREAL CONTAINING GLUTEN	✓	✓		✓	✓				✓	✓		✓	✓					✓	✓	✓	✓	✓	✓	✓	✓			✓			
EGGS	✓		✓	✓	✓													✓	✓	✓	✓	✓			✓						
NUTS					✓								✓								✓										
PEANUTS																															
CRUSTACEANS/ PRAWNS																								✓				✓			
MILK					✓	✓	✓	✓					✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓				✓	✓		
LUPIN/ FLOWERING PLANTS																															
SOYA BEANS (SOYA)													✓						✓		✓										
CELERY & CELERIAC																								✓							✓
MUSTARD								✓					✓											✓							✓
MOLLUSCS/ MUSSELS & SQUID																															
SULPHUR DIOXIDE & SULPHITES											✓	✓																			
GLUTEN FREE			✓								✓																✓		✓	✓	✓

